



Robyn Benincasa

World Champion Adventure Racer, San Diego City Firefighter, Founder of World Class Teams, Flashover Seminars, and Project Athena Foundation, Motivation/Leadership/Teamwork Speaker

Two-time World Champion Eco-Challenge Adventure Racer and San Diego Firefighter Robyn Benincasa knows a thing or two about creating Human Synergy, or as Robyn puts it, "that magic that allows groups of ordinary people to accomplish extraordinary things together". For the past 15 years, she and her teammates have studied Extreme Teamwork in the most unique and compelling classroom on earth: The jungles of Borneo, the Himalayan peaks of Tibet, the rivers of Fiji, the rainforests of Ecuador and the epic brush fires of Southern California. It is through these harrowing, life affirming and often hilarious experiences in the world's most grueling challenges that she has emerged with her refreshing and truly unique perspective on what it takes to build the kind of world class teams that succeed against all odds, that triumph in the face of adversity and that go the distance in any endeavor.

NBC, ABC, CNN, ESPN, USA Network, The Today Show, Live With Regis, Dateline NBC, The Discovery Channel, Vogue, Sports Illustrated, Harpers Bazaar and Outside Magazine have all featured Robyn and her amazing accomplishments. And Robyn accepts full blame for inspiring people to do insane things like climb Mount Kilimanjaro, run their first triathlon or start their own businesses. This is, after all, who she is and what she does: Robyn Benincasa inspires people to grab life with one hand, grab their teammates with the other, and to create that special magic that allows each of us to become better and stronger than we ever would have been alone.